

# Managerial routines and internationalisation: Mediating role of digital capacity

Krystian Bigos, Paweł Milka

## ABSTRACT

**Objective:** The article aims to verify whether the adoption of managerial routines, namely, monitoring performance and setting targets and incentives, affects the probability and intensity of firms' export activity and whether digital capacities act as a mediating mechanism between managerial routines and firms' internationalisation.

**Research Design & Methods:** We used firm-level data from the World Bank Enterprise Surveys conducted in Poland in 2025. We applied a quantitative approach, combining logistic regression for internationalisation propensity, fractional logit regression for internationalisation intensity, and mediation analysis. We measured managerial routines with three dichotomous indicators: monitoring, target setting, and incentives. We operationalised digital capacity as firms' online presence.

**Findings:** All three managerial routines are positively and significantly associated with the likelihood and intensity of internationalisation. In addition, we observed that digital capacity partially mediates the relationship between managerial routines and the likelihood of internationalisation, suggesting that firms with more structured managerial routines are more likely to internationalise, partly because they are more likely to adopt basic digital tools.

**Implications & Recommendations:** The findings suggest that relatively managerial routines, such as systematic monitoring, target setting, and incentives, may strengthen firms' international competitiveness both directly and indirectly through digital capacity development. Therefore, managers should treat digitalisation not as a standalone technological investment, but as part of a broader system of managerial routines and governance mechanisms.

**Contribution & Value Added:** The research contributes to the international business literature by integrating research on managerial routines and digital transformation within an empirical framework. It also extends the resource-based view and dynamic capabilities perspective by identifying digital capacity as a mediating mechanism between internal management systems and firms' internationalisation.

**Article type:** research article

**Keywords:** managerial practices; managerial routines, internationalisation; digital capacity; export

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## INTRODUCTION

Foreign expansion is one of the most important strategic decisions shaping firms' long-term growth and competitiveness (Daszkiewicz & Wach, 2023; Johanson & Vahlne, 2009; Wach & Daszkiewicz, 2023; Wach *et al.*, 2022). Thanks to this, companies gain access to new markets and increase their learning capabilities, while the lack of experience-based knowledge is costly for the company because it cannot determine what knowledge is useful to overcome challenges in foreign markets (Martín Martín *et al.*, 2022). In addition to external factors, internal determinants play a particularly important role in the internationalisation process. Internationalisation is a phenomenon that requires managers not only to equip firms with appropriate resources but also to provide them with effective systems of management and organisation (Bianchi & Stoian, 2024; Kaur & Kumar, 2026).

An increasing number of studies in the internationalisation literature focus on identifying management practices (Bianchi & Stoian, 2024; Sánchez-Monterrosa & Del Rio Cortina, 2025; Shen & Badulescu, 2025), understood as structured systems for monitoring performance and firms' targets, and rewarding the achievement of these targets (Bloom & Van Reenen, 2007; Doan & Vu, 2024), which significantly affect firm performance (Lamorgese *et al.*, 2024). Although the scientific literature investigates and discusses very broadly the topic of managerial routines from different multidimensional viewpoint, we adopted our process of thought to simplified definition of managerial routines complied with Doan and Vu (2024). They understand managerial routines in four dimensions: (1) targets, (2) monitoring, (3) incentives, and (4) operations (Doan & Vu, 2024). Due to the limited possibility of selecting variables and considering the fact that the measurement of managerial routines is based on World Bank Enterprise Surveys (2025) data, we restricted the operationalisation of managerial routines to three dimensions: (1) monitoring, (2) targeting, and (3) incentives.

Moreover, numerous researchers in the field of digital transformation have emphasised that digital technologies reshape coordination, information processing, and interactions with external stakeholders (Bartosik-Purgat & Rakowska, 2024; Chen *et al.*, 2025; Choczyńska *et al.*, 2024; Głodowska *et al.*, 2023; Hoblos *et al.*, 2024). However, scholars have devoted relatively little attention to the role these technologies play within the internal management systems of internationalised firms (Singh *et al.*, 2026). Accordingly, in this research, we addressed the following research questions: (RQ1) Do management practices increase the probability and intensity of firms' internationalisation? and (RQ2) Do digital capacities mediate the relationship between managerial routines and firms' international performance?

Thus, the objective of this study was, firstly, to verify whether the adoption of managerial routines translates into the probability and intensity of export activity among the firms analysed, and, secondly, to examine whether digital capacities act as a mediating mechanism between management practices and firms' internationalisation. This responds to a growing body of evidence indicating that better-managed firms are more likely to export, serve more destinations, and generate higher export revenues (Kamal, 2024; Vardarsuyu *et al.*, 2024). Furthermore, we examined whether digital capacity, captured through the implementation of a corporate website, mediates the relationship between management practices and internationalisation. In doing so, we addressed several research gaps.

Existing studies rarely integrate the literature on management practices, digitalisation, and internationalisation within a unified empirical framework; consequently, the organisational mechanisms linking internal managerial procedures with outward-oriented strategic outcomes remain insufficiently specified (Singh *et al.*, 2026). Moreover, prior research often treats digitalisation as an exogenous correlate of export performance (N. Li *et al.*, 2023; Liu *et al.*, 2025) rather than as a capability shaped by internal managerial processes (Kautish *et al.*, 2025). By explicitly modelling management practices, digital capacity, and internationalisation within a mediation framework, we aimed to clarify how these elements interact.

In this study, we adopted a perspective grounded in the resource-based view and dynamic capabilities theory (Barney, 2001; Penrose, 1959; Teece, 2007; Teece *et al.*, 1997). Our findings are intended to contribute to the development of both theoretical approaches. We argue that managerial routines constitute firm-specific organisational resources that foster the development of higher-order capabilities, particularly digital capabilities (Lee *et al.*, 2025; Shen & Badulescu, 2025). These capabilities enable firms to more effectively reconfigure operations, leverage information flows, and coordinate cross-border activities (X. Du & Huang, 2025; G. Li *et al.*, 2025).

Our research strategy was quantitative and explanatory. Empirically, we relied on data from the World Bank Enterprise Survey, conducted, among others, in Poland in 2025, which provides harmonized information on firms' internal practices, digital tools, and international activities. The choice of Poland was not accidental, as it is perceived as a rapidly developing European economy strongly oriented toward export activity and digital transformation (Gaweł *et al.*, 2023; Sobczak *et al.*, 2026). Methodologically, we employed logistic regression and fractional logistic regression models to estimate the impact of management practices and digital capacity on the probability and intensity of in-

ternationalisation. We devoted particular attention to the potential mediation effect of digital capacity, which also contributes to the scholarly discussion within the frameworks of the resource-based view and dynamic capabilities (Barney, 2001; Penrose, 1959; Teece, 2007, 2018; Teece *et al.*, 1997).

The article is structured as follows. Firstly, we present the theoretical framework by reviewing the literature on management practices and their role in firms' internationalisation. In this section, we also consider the role of digital capacities as a mediating mechanism and formulate six research hypotheses. The subsequent methodological section discusses the theoretical research model and operationalises the dependent, independent, and control variables. Finally, the last section presents the econometric analysis and tests for potential mediation.

## LITERATURE REVIEW AND HYPOTHESES DEVELOPMENT

Internationalisation constitutes a phenomenon examined by researchers from different perspectives (Garncarz & Michalik, 2025; Gorynia *et al.*, 2024; Milka & Garncarz, 2025; Puchalska *et al.*, 2025; Rašković & Daminova, 2025; Witek-Hajduk & Grudecka, 2024), including the theory of management (Ruzzier *et al.*, 2006), as well as the theory of resource-based (Barney, 2001; Penrose, 1959). Although researchers initially concentrated on internationalisation processes in large corporations (Tsai & Eisingerich, 2010), in recent years, studies on the internationalisation of small and medium-sized enterprises (SMEs) have become significantly more prominent (Fernandes *et al.*, 2023).

For decades, scholars explained firm internationalisation predominantly sequentially, which was popularised by the Swedish scholars Johanson and Vahlne (1974), who introduced their original internationalisation model, the so-called Uppsala model of internationalisation. A breakthrough in this stream of research occurred around the mid-1990s, when Oviatt and McDougall (1994) and Cavusgil (1994), working independently, demonstrated that not all firms follow an incremental path of internationalisation; rather, some may 'leapfrog' certain stages of the process without necessarily gradually increasing their commitment to foreign markets.

Research on internationalisation of firms is gaining significance, particularly in the context of digital transformation of business, and has become an area of interest for many scholars in the field of international business (Feliciano-Cestero *et al.*, 2023; Jiang & Wang, 2024; Meyer *et al.*, 2023; Nunes *et al.*, 2025; Singh *et al.*, 2026). Internationalisation is a dynamic phenomenon in which the business practices adopted by firms play a crucial role (Jercan & Nacu, 2024), as they drive continuous changes in firms' business models to ensure ongoing adaptation to the transforming economic environment (Cruz-Sánchez *et al.*, 2026; Valentowitsch *et al.*, 2024).

The issue of measuring managerial routines in enterprises was extensively explored, among others, by Bloom and Van Reenen (2007). The researchers emphasised that managerial routines are positively associated with productivity, profitability, Tobin's Q, and firm survival indicators (Bloom & Van Reenen, 2007). Notably, concepts related to managerial routines were expanded to include new contexts, with greater attention to strategic managerial capabilities (Pocztowski & Pauli, 2023; Wrede *et al.*, 2020). Many studies indicate that managerial routines may be a predictor of a firm's propensity to internationalisation (Y.-A. Chen *et al.*, 2024; Shen & Badulescu, 2025) because managers equipped with more effective organisational skills are more likely to identify and exploit opportunities on an international dimension (Popli *et al.*, 2022).

Furthermore, we may explain the relationship between managerial routines, understood as an activities undertaken by managers on their daily basis, and internationalisation, among others, by the theory of management, especially by resource-based view (RBV; Barney, 2001; Bianchi & Mathews, 2016; Y.-A. Chen *et al.*, 2024; Penrose, 1959) and the theory of dynamic capabilities (Pitelis & Teece, 2010; Teece, 2007, 2018; Teece *et al.*, 1997). According to RBV, managerial and organisational resources are helpful to overcome barriers related to foreign operations and to identify international opportunities (Y.-A. Chen *et al.*, 2024; Penrose, 1959). Managerial routines based on performance monitoring, effective goal setting, and appropriate incentive mechanisms (Bloom *et al.*, 2019; Bloom & Van Reenen, 2007) can constitute an intangible resource that strengthens the firms' ability to coordinate cross-border operations (Shen & Badulescu, 2025).

In turn, the dynamic capabilities framework (Teece, 2007, 2018; Teece *et al.*, 1997), which extends the resource-based approach (Barney, 2001; Penrose, 1959), argues that engaging in international business activity requires flexibility, entrepreneurship, and learning – fundamental elements of the dynamic capabilities concept (Pitelis & Teece, 2010).

Recent research on the internationalisation of SMEs confirms that managerial routines can enhance the likelihood of firms' survival in foreign markets (Freixanet & Renart, 2020) and, consequently, may also influence the intensity of international involvement (Wai *et al.*, 2022). Therefore, we formulated the following hypotheses:

- H1a:** Monitoring performance and setting targets and incentives increase the likelihood of firms' internationalisation.
- H1b:** Monitoring performance and setting targets and incentives positively affect the intensity of internationalisation.
- H1c:** Monitoring performance and setting targets and incentives positively affect the digital capacity of firms' online presence.

Digital technologies have become central to current research on internationalisation and business practices, as they significantly alter how firms organise their production activities and engage with customers (Gaweł *et al.*, 2023; G. Li *et al.*, 2025). The ongoing digital transformation of business compels scholars to reconsider established resource-based perspectives and the theory of dynamic capabilities to the point where modifications to the theoretical foundations themselves become necessary (Valentowitsch *et al.*, 2024). As noted by Valentowitsch *et al.* (2024), updated conceptual frameworks move away from an exclusive emphasis on long-term sustainable competitive advantage and instead acknowledge the need to more accurately reflect the fluid and fast-evolving conditions characteristic of the digital environment.

Digital transformation and the development of information and communication technologies have significantly changed the conditions under which firms operate in international markets (Meyer *et al.*, 2023). Digital tools enable more efficient acquisition of market information, supply chain management, process coordination, and relationship development with foreign customers. In the literature, digital technologies can reduce different barriers in international expansion, particularly among SMEs, by lowering transaction costs and increasing access to sales channels (Brouthers *et al.*, 2016; Drori *et al.*, 2024). In this context, a firm's digital capacity is perceived as a critical resource that facilitates faster and more effective internationalisation (Monaghan *et al.*, 2020) and which fundamentally reshape traditional business strategy and global business processes that enable work to be carried out across boundaries of time, distance, and function (Bharadwaj *et al.*, 2013).

According to Kastelli *et al.* (2024) digital capacity is primarily a driving force and an enabling factor for the implementation of digital transformation. In other words, the concept refers to firms' potential to adopt and leverage digital technologies and to digitalise their offerings to support business processes, strategic objectives, and value-creating activities (Kastelli *et al.*, 2024). Digital capacity includes both the technological infrastructure a company has and the organisational skills needed to use these technologies effectively (Bharadwaj, 2000).

Digital technologies (*i.e.*, artificial intelligence, virtual and augmented reality, cloud solutions) provide firms with opportunities to rethink their strategic orientations and governance models, while reshaping organisational processes, structures, roles, and boundaries. In doing so, they create new avenues for achieving and sustaining competitive advantage (Cennamo *et al.*, 2020; Kemp, 2024; Yordanova *et al.*, 2024).

The expanding use and implementation of digital technologies can constitute a fundamental internationalisation pillar for SMEs (Etemad *et al.*, 2010; Yordanova *et al.*, 2024). A growing body of research is exploring how digital technologies can help small and medium-sized enterprises (SMEs) expand internationally. These technologies offer new ways to enter foreign markets, create and deliver value to international customers, build knowledge and relationships across borders, and find new international opportunities (Yordanova *et al.*, 2024). Therefore, we proposed the following hypotheses:

- H2a:** Digital capacity as firms' online presence increases the likelihood of firms' internationalisation.

**H2b:** Digital capacity as firms' online presence positively affects the internationalisation intensity.

Numerous studies draw attention to the significance of managerial routines in shaping a firm's digital capacities (Bloom *et al.*, 2016; Held *et al.*, 2025; Heubeck, 2023). Certain researchers contend that digital transformation transcends technological advancements; it necessitates profound organisational shifts encompassing strategy, processes, and human resource management, all of which are contingent upon managerial choices (Hanelt *et al.*, 2021). Top management is crucial to a company's digital transformation, focusing on three main areas: (1) understanding digitalisation, (2) creating a formal organisational structure for digital projects, and (3) leading organisational change (Wrede *et al.*, 2020).

Managerial routines influence internationalisation not only directly but also indirectly through their impact on a firm's digital capacity (Gomes *et al.*, 2025). Higher-quality management practices contribute to the development of digital capacity, which in turn enhances a firm's ability to internationalise. Digital capacity mediates the relationship between organisational resources and the international performance of SMEs. The capabilities and resilience of digital platforms fully mediate the relationship between digital resources and SME growth (Aghazadeh *et al.*, 2024), which in turn suggests that managerial input alone may be insufficient for firms' foreign expansion without developing digital capacity. Accordingly, we formulated the following hypotheses:

**H3:** Digital capacity as firms' online presence mediates the relationship between managerial routines (monitoring performance and targets and incentives) and the internationalisation likelihood.

Managerial approaches and organisational assets that facilitate adaptation to international markets influence companies' internationalisation. In the context of economic digitalisation and its growing impact on global trade, digital capabilities are emerging as a vital organisational resource. This capacity allows firms to surmount challenges to international growth and expand their operations within global markets. By facilitating the seamless exchange of real-time data and supporting remote digital collaboration, digital technologies are, in essence, reducing the importance of traditional geographical constraints (Schmeisser *et al.*, 2026).

## RESEARCH METHODOLOGY

### Sample and Data Collection

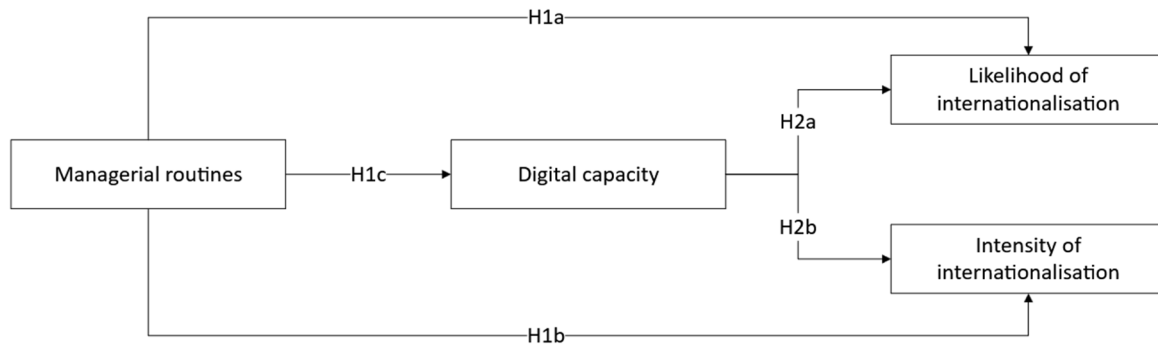
We employed a quantitative approach and the conclusions are based on processed firm-level raw data retrieved from the World Bank Enterprise Surveys (2025). The research was explanatory in nature, aiming to verify the relationship between managerial routines and firm internationalisation, considering a mediating mechanism of digital capacity as firms' online presence. The study included Polish enterprises that participated in the survey in the 2025 edition (World Bank, 2025). Based on responses from the surveyed firms, we constructed an econometric model to test the research hypotheses derived from the literature and verify the existence of a mediation effect in the relationship between managerial routines and internationalisation. Due to limited variable selection, we applied a somewhat simplified operationalisation.

The unit of analysis comprised all firms operating in Poland that participated in the World Bank Enterprise Surveys (2025), controlled for, *e.g.*, age, experience, innovation, size and foreign capital. Most of the variables were coded dichotomously. Moreover, only firms that provided complete responses to the selected questions were included, ultimately limiting the sample to 933 Polish enterprises.

The research sample comprises 933 SMEs and large enterprises (World Bank, 2025), with small firms accounting for 3.1%, medium firms for 49.5%, and large firms for 47.4%. The surveyed enterprises represented the following industries: other services (17.4%), other manufacturing (16.4%), construction (13.0%), retail (12.2%), fabricated metal products (12.0%), food (11.8%), professional services (9.8%), and motor vehicles (7.4%).

### Research Model

The research model (see Figure 1) assumed that managerial routines positively influence both the likelihood and the intensity of internationalisation. However, digital capacity was a critical factor in this context, as it clarified the mechanism by which managerial routines influence internationalisation. Therefore, managerial routines alone might not directly lead to international expansion without the support of digital capacity.



**Figure 1. Proposed research model**

Source: own elaboration.

We assessed internationalisation, the dependent variable through two distinct measures: (1) the likelihood of internationalisation, measured dichotomously (Bigos & Michalik, 2023, 2024; Cieřlik *et al.*, 2024), and (2) its intensity, operationalised as the proportion of foreign sales relative to total sales (Cheng *et al.*, 2025). We modelled digital capacity of firms' online presence as a mediator, that is, a mechanism influencing the relationship between the exogenous variable (managerial routines measured in three dimensions: monitoring, targeting, and incentives) and the endogenous variable (internationalisation measured in two ways: dichotomously and as a share of foreign sales in total sales). The mediation structure enables verification of whether digital capacity partially or fully accounts for the impact of managerial routines on firms' international engagement.

### Measures

#### Control Variables

In the study, we included six control variables, the first of which was firm AGE (a continuous variable), indicating the number of years the firm has been operating in the market. In line with Sous Atari *et al.* (2025), it was reasonable to posit that increased market experience correlates with enhanced managerial competencies, which may subsequently influence internationalisation outcomes. In the research, we also controlled EXPERIENCE, *i.e.*, a continuous variable referring to the number of years of professional experience of the top manager in a given industry (*e.g.*, Sánchez Pulido *et al.*, 2022). Similar to AGE, experience also translates into the ability to recognize market opportunities and may therefore influence the firm's export performance. P\_INNOVATION and BP\_INNOVATION were two additional dichotomous control variables relating to firm innovativeness (*e.g.*, Moreno-Menéndez, 2018; Wach, 2016). The operationalisation of the first variable refers to whether the firm has introduced a new product or service over the past three years, while the second variable was defined through the lens of business process innovation, that is, whether the firm has introduced a new or significantly improved process over the past three years. The study also controlled for R&D, a dichotomous variable understood as the fact that the firm undertakes research and development expenditures, excluding market research (*e.g.*, Fernhaber & Li, 2013). The final control variable was F\_CAP (*e.g.*, Woo, 2020), a continuous variable operationalised as the percentage of foreign capital in the firm's ownership structure.

### Managerial Routines

We operationalised managerial routines based on a transformed variable derived from the World Bank Enterprise Surveys (2025), which contains data on firms from numerous countries worldwide. In the research, we adopted variable similar to Doan and Vu (2024), but presented only in three dimensions: monitoring, targeting and incentives, because of the limitation to the access of all variables in World Bank Enterprise Surveys (2025) database.

We considered three independent dichotomous variables (0-1) describing managerial routines: (1) MONITOR, (2) TARGET, and (3) INCENTIVES. The first exogenous variable referred to the fact whether the firm monitors production or service performance indicators. The second variable (TARGET) indicated whether the firms' managers set production or service targets. The final independent variable, INCENTIVES, indicated whether performance incentives based on production or service targets realization were awarded to employees.

### Digital Capacity

In the study, we operationalised digital capacity as firms' online presence and measured it on a dichotomous scale, with 1 assigned to companies that had their own website and 0 otherwise.

### Internationalisation

In this research, internationalisation was an endogenous variable operationalised through two indicators. The first indicator (INT\_LOG) was dichotomous (0-1) and could be used to construct a logistic regression model to verify the internationalisation probability<sup>1</sup> (Bigos & Michalik, 2023, 2024; Cieřlik *et al.*, 2024). The second internationalisation indicator (INT\_SHARE) was continuous and referred to the share of foreign sales in total sales (Cheng *et al.*, 2025) and could be used to construct a fractional logit model.

## RESULTS AND DISCUSSION

The results provided strong support for H1a (see Table 1). Managerial routines were positively associated with the likelihood of internationalisation. Firms that monitor performance indicators had odds of exporting more than three times those of firms that do not (OR = 3.22,  $z = 6.27$ ,  $p < 0.001$ ). Simultaneously, those that set formal targets and used incentives showed odds ratios of 2.60 ( $z = 4.61$ ,  $p < 0.001$ ) and 1.87 ( $z = 3.76$ ,  $p < 0.001$ ), respectively, controlling for age, managerial experience, innovation, R&D, and foreign ownership. These effect sizes were substantial and robust, indicating that firms with more structured managerial routines were significantly more likely to export than otherwise similar firms lacking such routines.

The pattern of control variables reinforced a resource and capability-based interpretation of export decisions. Firm age had a small but positive effect on export likelihood (OR between 1.012 and 1.024,  $p < 0.05$ ), suggesting that accumulated organisational experience modestly increased the probability of internationalisation (Johanson & Vahlne, 2009), whereas the top manager's industry experience was not statistically significant in any model. Product and process innovation, R&D engagement, and foreign capital share were all positively and significantly associated with exporting, with foreign ownership showing the largest effects (OR between 7.3 and 9.1), consistent with prior work stressing the role of innovation and international networks in enabling foreign market entry (Battisti *et al.*, 2021; J. Du *et al.*, 2023; O' Cass & Weerawardena, 2009; Stoian *et al.*, 2017).

Model diagnostics indicated that the estimated relationships were statistically reliable and that the logistic specifications were well behaved. Pseudo  $R^2$  values around 0.12-0.15 and highly significant Wald chi-square statistics ( $\chi^2(7) = 116.3$ -135.4,  $p < 0.001$ ) pointed to a meaningful improvement in fit over the intercept-only model, while correct classification rates of approximately 73% and ROC areas in the 0.72-0.74 range indicated acceptable discrimination between exporting and non-exporting firms. Hosmer-Lemeshow goodness-of-fit tests were non-significant in all three models ( $p$ -values be-

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<sup>1</sup> If the company exports, we assign the number 1; otherwise, we assign the number 0.

tween 0.53 and 0.64), and link tests revealed no evidence of omitted non-linearities, suggesting that the logit functional form was adequate and that there were no major specification errors. These diagnostics lend further credibility to the conclusion that the observed effects of monitoring, target setting, and incentives on export likelihood were not artefacts of model misfit.

**Table 1. Logistic regression (INT\_LOG)**

Variable	Model 1		Model 2		Model 3	
	Odd ratio	z	Odd ratio	z	Odd ratio	z
const.	0.111*** (0.029)	-8.450	0.103*** (0.028)	-8.510	0.138*** (0.033)	-8.210
AGE	1.012* (0.006)	2.000	1.014* (0.006)	2.430	1.014* (0.006)	2.340
EXPERIENCE	0.999 (0.009)	-0.090	1.002 (0.008)	0.240	1.005 (0.008)	0.610
P_INNOVATION	1.831* (0.503)	2.200	1.800* (0.522)	2.030	1.820* (0.513)	2.120
BP_INNOVATION	2.122* (0.751)	2.130	2.233* (0.798)	2.250	2.391* (0.883)	2.360
R&D	3.120*** (0.733)	4.840	3.390*** (0.780)	5.310	3.491*** (0.805)	5.430
F_CAP	7.345*** (2.727)	5.370	9.090*** (3.422)	5.860	8.825*** (3.273)	5.870
MONITOR	3.222*** (0.602)	6.270	-	-	-	-
TARGET	-	-	2.595*** (0.537)	4.610	-	-
INCENTIVES	-	-	-	-	1.867*** (0.310)	3.760
<i>Wald</i>	135.42***		122.78***		116.30***	
<i>Pseudo R<sup>2</sup></i>	0.1448		0.1282		0.1209	
<i>Hosmer-Lemeshow test</i>	6.03 (p=0.6437)		6.31 (p=0.6129)		7.04 (p=0.5319)	
<i>N</i>	933		933		933	

Notes: Robust standard errors in parentheses; p<0.05, \*\* p<0.01, \*\*\* p<0.001.

Source: own study based on World Bank(2025) in STATA.

From a theoretical perspective, these findings support the view of managerial routines as organisational routines (Surdu *et al.*, 2021) that channel and coordinate firm resources in ways conducive to internationalisation. The fact that relatively basic, yet formalized practices, namely monitoring performance and explicit targets, and tying incentives to results are all associated with substantially higher odds of exporting suggests that internationalisation is shaped not only by what resources firms possess (*e.g.*, innovation capabilities, foreign capital) but also by how these resources are governed and deployed. In line with this argument, the results imply that managerial routines operate as governance mechanisms that enhance a firm's ability to identify, evaluate, and exploit foreign market opportunities (Mainela *et al.*, 2014; Muzychenko & Liesch, 2015; Zahra *et al.*, 2005), providing empirical backing for H1a and contributing to micro-foundational explanations of export behaviour.

The results for H1b showed a consistent and robust positive association between managerial routines and the intensity of firms' internationalisation (see Table 2). In the models including monitoring practices, firms that systematically tracked performance indicators exhibited significantly higher export intensity than those that did not: the MONITOR dummy was positive and highly significant in both the fractional logit model (coef = 1.004, z = 4.92, p < 0.001) and the linear regression ( $\beta$  = 0.07, t = 4.96, p < 0.001). Similarly, TARGET and INCENTIVES were positively related to the share of foreign sales. Target setting was associated with a coefficient of around 0.61 (z = 2.76, p < 0.01) in the fractional logit specification and 0.04 (t = 2.71, p < 0.01) in OLS (see Table 3). Simultaneously, incentives showed coefficients of 0.47

( $z = 2.83$ ,  $p < 0.01$ ) and 0.04 ( $t = 2.72$ ,  $p < 0.01$ ), respectively. On this basis, we conclude that H1b was supported: firms that adopt more structured managerial routines tend to display higher export intensity.

**Table 2. Fractional logit vs. OLS (INT\_SHARE)**

Variable	Model 4a (FL)		Model 4b (OLS)		Model 5a (FL)	
	Coeff.	z	Coeff.	t	Coeff.	z
const.	-3.315*** (0.2371)	-13.99	0.017 (0.0203)	0.81	-3.187*** (0.2409)	-13.23
AGE	0.0078 (0.0043)	1.84	0.0009 (0.0006)	1.53	0.0097* (0.0044)	2.19
EXPERIENCE	0.0025 (0.0072)	0.35	0.0002 (0.0008)	0.21	0.0053 (0.0070)	0.76
P_INNOVATION	0.312 (0.2246)	1.39	0.032 (0.0265)	1.21	0.276 (0.2412)	1.15
BP_INNOVATION	0.811** (0.2565)	3.16	0.132*** (0.0330)	4.00	0.886*** (0.2610)	3.39
R&D	0.689*** (0.1775)	3.88	0.102*** (0.0217)	4.70	0.767*** (0.1805)	4.25
F_CAP	1.823*** (0.2404)	7.59	0.314*** (0.0298)	10.54	1.984*** (0.2410)	8.24
MONITOR	1.004*** (0.2041)	4.92	0.072*** (0.0146)	4.96	-	-
TARGET	-	-	-	-	0.606** (0.2192)	2.76
INCENTIVES	-	-	-	-	-	-
<i>Pseudo R</i> <sup>2</sup>	0.1066		-		0.0932	
<i>R</i> <sup>2</sup>	-		0.2086		-	
<i>Adj. R</i> <sup>2</sup>	-		0.2026		-	
<i>Wald</i>	163.73***		-		146.92***	
<i>F</i>	-		34.83***		-	
<i>N</i>	933		933		933	

Notes: Robust standard errors in parentheses;  $p < 0.05$ , \*\*  $p < 0.01$ , \*\*\*  $p < 0.001$ ; FL – fractional logit; OLS – OLS regression.  
Source: own study based on World Bank (2025) in STATA.

The pattern of control variables further clarified the mechanisms underlying export intensity. Across all specifications, business process innovation, R&D engagement, and foreign ownership were consistently positive and statistically significant predictors of INT\_SHARE, with especially strong effects for foreign capital ( $\beta$  between 0.31 and 0.33 in OLS and coefficients around 1.82-1.98 in the fractional logit models). In contrast, the top manager's industry experience and product innovation did not reach conventional significance levels, and firm age exerted at most a weak and marginally significant effect. This configuration suggests that structural firm-level capabilities and resources, such as process upgrading, R&D activities, and international ownership, were more important drivers of export intensity than individual managerial tenure, while managerial routines amplified the translation of these capabilities into realised foreign sales (Fredrich *et al.*, 2022; Wai *et al.*, 2022).

Model diagnostics indicate that these relationships were statistically reliable and not an artefact of functional form or multicollinearity. The fractional logit models yielded pseudo  $R^2$  values between 0.09 and 0.11 and highly significant Wald tests ( $\chi^2(7) = 146.9$ -163.7,  $p < 0.001$ ), whereas the corresponding OLS models explained approximately 19-21% of the variance in export intensity ( $R^2$  around 0.19-0.21;  $F(7,925)$  around 31.8-34.8,  $p < 0.001$ ). Generalised linear models with logit and probit links produced virtually identical estimates and information criteria (AIC, BIC), and variance inflation factors remained very low (mean VIF around 1.09-1.10), ruling out serious multicollinearity concerns. The con-

vergence of results across fractional logit, OLS, and alternative GLM specifications strengthened confidence that the observed effects of MONITOR, TARGET, and INCENTIVES on INT\_SHARE were robust to different modelling choices for fractional outcomes.

**Table 3. Fractional logit vs. OLS (INT\_SHARE)**

Variable	Model 5b (OLS)		Model 6a (FL)		Model 6b (OLS)	
	Coeff.	t	Coeff.	z	Coeff.	t
const.	0.018 (0.0217)	0.84	-3.041*** (0.2114)	-14.38	0.0247 (0.0209)	1.18
AGE	0.0010 (0.0006)	1.72	0.0095* (0.0043)	2.19	0.0009 (0.0006)	1.68
EXPERIENCE	0.0005 (0.0008)	0.63	0.0066 (0.0069)	0.95	0.0006 (0.0008)	0.79
P_INNOVATION	0.032 (0.0268)	1.19	0.295 (0.2403)	1.23	0.0332 (0.0268)	1.24
BP_INNOVATION	0.139*** (0.0333)	4.19	0.898** (0.2751)	3.27	0.140*** (0.0332)	4.22
R&D	0.111*** (0.0218)	5.09	0.771*** (0.1786)	4.32	0.111*** (0.0218)	5.08
F_CAP	0.331*** (0.0297)	11.13	1.958*** (0.2381)	8.22	0.328*** (0.0299)	10.97
MONITOR	-	-	-	-	-	-
TARGET	0.043** 0.018	2.71	-	-	-	-
INCENTIVES	-	-	0.467** (0.1648)	2.83	0.0384** (0.0141)	2.72
<i>Pseudo R2</i>	-		0.0925		-	
<i>R2</i>	0.1940		-		0.1940	
<i>Adj. R2</i>	0.1879		-		0.1879	
<i>Wald</i>	-		154.33***		-	
<i>F</i>	31.80***		-		31.81***	
<i>N</i>	933		933		933	

Notes: Robust standard errors in parentheses;  $p < 0.05$ , \*\*  $p < 0.01$ , \*\*\*  $p < 0.001$ ; FL – fractional logit; OLS – OLS regression.  
Source: own study based on World Bank (2025) in STATA.

Conceptually, these findings contribute to the literature that views managerial routines as organisational routines that shape how firms mobilize and direct resources in the internationalisation process (Deng *et al.*, 2020; Vardarsuyu *et al.*, 2024). The evidence that even relatively basic, yet formalized practices, such as monitoring performance indicators and explicit targets, and tying incentives to results, are associated with higher export intensity suggests that internationalisation is not solely a function of technological assets or ownership structure, but also of the quality of internal management systems. In line with this view, our results imply that managerial routines act as governance mechanisms through which firms coordinate innovation activities and foreign capital to achieve deeper penetration of international markets, thereby providing empirical support for theoretical arguments that locate the micro-foundations of export performance in everyday management routines (Nguyen & Mort, 2021; Pfajfar *et al.*, 2024; Vardarsuyu *et al.*, 2024).

The results for H1c provide clear evidence that managerial routines were positively associated with firms' digital capacity, measured by firms' online presence (see Table 4). In all three specifications, the odds ratios for MONITOR, TARGET, and INCENTIVES were large and highly significant, even after controlling for firm age, managerial experience, innovation, R&D, and foreign ownership. Firms that monitored performance indicators were about five times more likely to have a website than those that do not (OR = 5.07,  $z = 8.27$ ,  $p < 0.001$ ). Simultaneously, target setting and incentives were associated with

roughly 2.9-fold and 3.7-fold increases in the odds of digital capacity, respectively (TARGET: OR = 2.92, z = 5.63, p < 0.001; INCENTIVES: OR = 3.73, z = 6.80, p < 0.001). These results strongly support H1c and suggest that firms with more formalised managerial routines were substantially more likely to build a basic digital presence through a corporate website.

**Table 4. Logistic regression (DIGI\_WEB)**

Variable	Model 7		Model 8		Model 9	
	Odd ratio	z	Odd ratio	z	Odd ratio	z
const.	1.146 (0.3225)	0.48	1.035 (0.3043)	0.12	1.039 (0.2944)	0.14
AGE	1.028** (0.0087)	3.24	1.027*** (0.0083)	3.34	1.028*** (0.0086)	3.30
EXPERIENCE	0.995 (0.0107)	-0.44	1.003 (0.0111)	0.28	1.005 (0.0109)	0.50
P_INNOVATION	1.184 (0.5682)	0.35	1.207 (0.4935)	0.46	1.240 (0.5204)	0.51
BP_INNOVATION	1.924 (1.5503)	0.81	2.254 (1.6443)	1.11	2.275 (1.7465)	1.07
R&D	4.053* (2.6127)	2.17	5.029** (3.0940)	2.63	4.865* (3.0291)	2.54
F_CAP	4.683 (4.1174)	1.76	8.192* (7.5159)	2.29	6.420* (5.7665)	2.07
MONITOR	5.073*** (0.9965)	8.27	-	-	-	-
TARGET	-	-	2.919*** (0.5548)	5.63	-	-
INCENTIVES	-	-	-	-	3.733*** (0.7229)	6.80
<i>Wald</i>	90.31***		65.30***		72.17***	
<i>Pseudo R2</i>	0.1485		0.1013		0.1235	
<i>Hosmer-Lemeshow test</i>	8.11 (p=0.4224)		7.15 (p=0.5205)		6.35 (p=0.6082)	
<i>N</i>	933		933		933	

Notes: Robust standard errors in parentheses; p<0.05, \*\* p<0.01, \*\*\* p<0.001.

Source: own study based on World Bank (2025) in STATA.

The pattern of control variables was broadly in line with theoretical expectations about the determinants of digital adoption. Firm age showed a small but positive and significant effect across models (OR around 1.03; model 7: p < 0.01; models 8 & 9: p < 0.001), indicating that more mature firms are slightly more likely to maintain a website, possibly due to greater resource availability and accumulated organisational experience. By contrast, the top manager’s industry experience and innovation did not reach statistical significance, while R&D activity and foreign capital showed sizeable and often significant odds ratios (e.g., R&D: OR between 4 and 5; F\_CAP: OR between 6.4 and 8.2, p < 0.05), underscoring the role of R&D investments and international ownership ties in enabling digital infrastructure. This configuration implies that managerial routines operate alongside, and in interaction with, broader capability-related factors, rather than replacing them.

Model diagnostics for the DIGI\_WEB regressions indicated acceptable fit and proper specification. Pseudo R<sup>2</sup> values ranged from approximately 0.10 to 0.15, and Wald chi-square tests were highly significant in each model (p < 0.001), signalling that the set of predictors as a whole provided non-trivial explanatory power beyond the intercept-only model. Hosmer–Lemeshow goodness-of-fit tests were non-significant (p between 0.42 and 0.61), suggesting no major calibration problems, and link tests revealed significant linear prediction but non-significant squared prediction, which was consistent with correctly specified logit functional forms. Areas under the ROC curve around 0.72-0.76 further indicated acceptable discrimination between firms with and without websites. Although the simple 0.5

cut-off yielded perfect sensitivity but zero specificity due to the high prevalence of website use, this was a threshold choice issue rather than a sign of poor model quality. Together, these diagnostics supported the robustness of the positive effects of managerial routines on digital capacity.

**Table 5. Logistic regression vs. fractional logit vs. OLS**

Variable	Model 10 (INT_LOG)		Model 11 (INT_SHARE)		Model 12 (INT_SHARE)	
	Odd ratio	z	Coeff.	z	Coeff.	t
const.	0.054*** (0.0200)	-7.92	-4.170*** (0.3580)	-11.65	-0.014 (0.0233)	-0.61
AGE	1.010 (0.0059)	1.65	0.0066 (0.0045)	1.45	0.0007 (0.0006)	1.21
EXPERIENCE	1.007 (0.0085)	0.86	0.0079 (0.0068)	1.16	0.0007 (0.0008)	0.88
P_INNOVATION	1.764 (0.5259)	1.90	0.256 (0.2403)	1.07	0.0307 (0.0266)	1.16
BP_INNOVATION	2.414* (0.8503)	2.50	0.900*** (0.2558)	3.52	0.141*** (0.0329)	4.27
R&D	3.400*** (0.7834)	5.31	0.736*** (0.1741)	4.23	0.108*** (0.0216)	5.00
F_CAP	8.880*** (3.3546)	5.78	1.933*** (0.2322)	8.32	0.326*** (0.0295)	11.04
DIGI_WEB	4.746*** (1.4263)	5.18	1.637*** (0.3128)	5.24	0.0815*** (0.0180)	4.54
<i>Wald</i>	121.15***		149.57***		-	
<i>F</i>	-		-		34.13***	
<i>Pseudo R2</i>	0.1392		0.1071		-	
<i>R2</i>	-		-		0.2053	
<i>Adj. R2</i>	-		-		0.1992	
<i>Hosmer-Lemeshow test</i>	7.08 (p=0.5282)		-		-	
<i>N</i>	933		933		933	

Notes: Robust standard errors in parentheses; \* p<0.05, \*\* p<0.01, \*\*\* p<0.001.

Source: own study based on World Bank (2025) in STATA.

From a theoretical standpoint, these findings reinforce the view that managerial routines function as governance routines that enable and structure the deployment of digital technologies (Mele *et al.*, 2024; Teece, 2025). The strong associations between monitoring, target setting, and incentives systems and the probability of digital capacity suggest that digital capacity was more likely to emerge in firms where performance is systematically tracked, objectives were made explicit, and incentives were aligned with outcomes (Cosa & Torelli, 2024; Seppänen *et al.*, 2025). Rather than treating digitalisation as an exogenous technological shock, the results present how internal managerial systems condition whether and how basic digital tools are implemented (Röglinger *et al.*, 2022; Soluk *et al.*, 2021; Ye *et al.*, 2024). In this sense, the confirmation of H1c provides a micro-foundational bridge between everyday management practices and the development of digital capabilities that can later support more advanced forms of internationalisation.

Binary logistic regression showed that digital capacity was strongly associated with the likelihood of exporting (see Table 5). Controlling for firm age, managerial experience, innovation, R&D, and foreign ownership, firms with a website were about 4.7 times more likely to be internationalised than firms without one (OR = 4.75, z = 5.18, p < 0.001; 95% CI [2.63, 8.55]). Pseudo R<sup>2</sup> of 0.14, a highly significant Wald  $\chi^2(7) = 121.15$  (p < 0.001), a non-significant Hosmer–Lemeshow test (p = 0.53), ROC area of 0.72, and correct classification of 74% indicated acceptable fit and discrimination, supporting the conclusion that digital capacity significantly increases the likelihood of firm internationalisation, in line with H2a.

**Table 6. Mediation effect (H3)**

Effect/statistics	MONITOR	TARGET	INCENTIVES
<b>Panel A. Mediator model (DIGI_WEB)</b>			
MR → DIGI_WEB	1.624*** (0.196) [z = 8.27]	1.071*** (0.190) [z = 5.63]	1.317*** (0.194) [z = 6.80]
Pseudo R2 (mediator)	0.1485	0.1013	0.1235
Wald chi2 (mediator)	90.31***	65.30***	72.17***
<b>Panel B. Outcome model (INT_LOG)</b>			
DIGI_WEB → INT_LOG	1.273*** (0.308) [z = 4.13]	1.418*** (0.304) [z = 4.67]	1.436*** (0.304) [z = 4.72]
c': Direct effect of MR → INT_LOG	0.974*** (0.191) [z = 5.11]	0.794*** (0.212) [z = 3.75]	0.447** (0.171) [z = 2.61]
Pseudo R2 (outcome)	0.1624	0.1518	0.1451
Wald chi2 (outcome)	134.22***	133.57***	125.79***
<b>Panel C. Mediation results</b>			
ACME1	0.0447	0.0328	0.0357
95% CI ACME1	[0.0253; 0.0657]	[0.0170; 0.0508]	[0.0209; 0.0526]
ACME0	0.0248	0.0196	0.0273
95% CI ACME0	[0.0133; 0.0385]	[0.0097; 0.0329]	[0.0155; 0.0417]
Direct Effect 1	0.1763	0.1379	0.0835
95% CI Direct Effect 1	[0.1097; 0.2424]	[0.0672; 0.2064]	[0.0205; 0.1476]
Direct Effect 0	0.1565	0.1248	0.0751
95% CI Direct Effect 0	[0.0965; 0.2168]	[0.0606; 0.1870]	[0.0187; 0.1326]
Total Effect	0.2012	0.1576	0.1108
95% CI Total Effect	[0.1390; 0.2629]	[0.0905; 0.2231]	[0.0510; 0.1721]
Average Mediation	0.0348	0.0262	0.0315
95% CI Avg. Mediation	[0.0195; 0.0514]	[0.0138; 0.0413]	[0.0183; 0.0467]
Average Direct Effect	0.1664	0.1314	0.0793
95% CI Avg. Direct Effect	[0.1028; 0.2290]	[0.0636; 0.1959]	[0.0196; 0.1401]
% of total effect mediated	17.26%	16.60%	28.45%
95% CI % mediated	[13.22%; 25.00%]	[11.76%; 28.98%]	[18.28%; 61.57%]
Type of mediation	partial	partial	partial

Notes: MR – Managerial routines (MONITOR, TARGET, INCENTIVES).

Source: own study based on World Bank (2025) in STATA.

The results also support H2b (see Table 5). Digital capacity was positively related to the intensity of internationalisation. In the fractional logit model, DIGI\_WEB had a positive and highly significant coefficient (coef = 1.64,  $z = 5.24$ ,  $p < 0.001$ ), and in the linear specification the corresponding effect was  $\beta = 0.08$  ( $t = 4.54$ ,  $p < 0.001$ ), implying that firms with a website, on average, a higher share of foreign sales than firms without one, net of controls. The models showed reasonable explanatory power (pseudo  $R^2 = 0.11$  for fractional logit;  $R^2 = 0.21$ ,  $F(7,925) = 34.13$ ,  $p < 0.001$  for OLS), and low VIF values (mean around 1.08) ruled out multicollinearity concerns. Taken together, these findings indicate that digital capacity is not only associated with the decision to export but also with the depth of firms' engagement in foreign markets, thereby confirming H2b.

For all three practices, there was a statistically significant partial mediation of their effect on export likelihood through DIGI\_WEB, so H3 was supported (see Table 6). In the case of MONITOR, the mediator model showed that monitoring strongly increased the probability of having a website (coef = 1.62,  $p < 0.001$ ), and DIGI\_WEB, in turn, significantly increased the odds of exporting in the outcome model (coef = 1.27,  $p < 0.001$ ). When DIGI\_WEB was included, the direct effect of MONITOR on INT\_LOG decreased but remained significant, and the mediation output indicated a positive and

statistically significant indirect effect (Average Mediation = 0.035, 95% CI [0.019; 0.051]) with about 17% of the total effect transmitted through the digital channel. This pattern was consistent with partial mediation, in which monitoring affects the likelihood of exports both directly and indirectly through digital capacity. For TARGET and INCENTIVES, the results were analogous. Both practices significantly increased the probability of having a website (TARGET: coef = 1.07,  $p < 0.001$ ; INCENTIVES: coef = 1.32,  $p < 0.001$ ), and DIGI\_WEB again had a strong positive effect on INT\_LOG in the outcome models. In each case, the mediation analysis yielded a significant average mediation of roughly 0.026 (95% CIs clearly excluding zero) and a significant average direct effect, with about 16-17% of the total effect of TARGET and INCENTIVES on export likelihood mediated by digital capacity. These findings indicate that managerial routines operate partly by building digital capacity -here, the presence of a website – which then facilitates firms' entry into foreign markets, while also exerting an additional direct influence on internationalisation decisions.

## CONCLUSIONS

We confirmed all research hypotheses. Based on the analysis, managerial routines operationalised through three variables (MONITOR, TARGET, and INCENTIVES) were positively and statistically significantly associated with internationalisation, both in terms of the probability of its occurrence and its intensity. Therefore, we observed that the firms implementing practices based on performance monitoring, target setting, and granting incentives for achieving production or service provision demonstrate a greater propensity to internationalise. Those managerial routines also influence export intensity, meaning that the more frequently firms apply such practices, the higher the share of foreign sales in total sales. We claim that this relationship holds when accounting for control variables related to firm age, innovation, and R&D activity, as well as the share of foreign owners in the firm's overall ownership structure.

Furthermore, another important conclusion emerging from the analysis is that digital capacity, operationalised through the variable DIGI\_WEB, which refers to whether a given firm has a website, plays an important role in the internationalisation process. On the one hand, digital capacity constitutes an important and statistically significant predictor of both the probability of internationalisation and export intensity. On the other hand, it partially mediates the relationship between managerial routines and the probability of exporting. This constitutes important evidence that digital capacity can serve as a mechanism by which internal management systems influence internationalisation outcomes.

The study results provide evidence for managers and policy-makers that establishing monitoring systems and managerial goals, and rewarding employees for achieving them are practices that benefit firms and may differentiate internationalised firms from those operating locally and primarily oriented toward the domestic market.

In the study, we identified several limitations. Firstly, the sample included 933 firms from Poland, meaning that not all firms in this region were examined; we investigated only a relatively small subset. This could have increased the risk of limited representativeness of the sample and of challenges to the replicability of the results. Therefore, further research should focus on increasing the sample size and verify the findings across different geographical contexts, as many managerial decisions are also influenced by the cultural conditions prevailing in a given region. Moreover, the study adopted a static approach, which makes it impossible to verify relationships over a longer time horizon. As is well known, the development of managerial attitudes and actions is dynamic. Therefore, further studies should place greater emphasis on research using panel data models, which capture relationships over time. We also identified another research limitation related to the selection of variables. We analysed the data using variables predefined by the World Bank Enterprise Surveys, which limited our ability to freely operationalise the constructs. Therefore, further studies should consider alternative operationalisations of variables that are more neutral and better reflect the realities of firms.

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### Authors

The authors' contribution shares are equal at 50% each.

#### Krystian Bigos (corresponding author)

Assistant Professor at Krakow University of Economics, Department of International Trade at the College of Economics and Finance. His research interests include early and rapid internationalisation, international start-ups, international entrepreneurship, and digital transformation of international enterprises.


**Correspondence to:** Krystian Bigos, PhD, Department of International Trade, Krakow University of Economics, ul. Rakowicka 27, 31-510 Kraków, Poland, e-mail: bigosk@uek.krakow.pl

**ORCID**  <https://orcid.org/0000-0001-6030-4119>

#### Paweł Milka

Teaching and Research Assistant at Krakow University of Economics, College of Economics and Finance. His research interests include international financial markets, investments, hedging instruments, international transport, and international e-business.

**Correspondence to:** mgr Paweł Milka, Krakow University of Economics, ul. Rakowicka 27, 31-510 Kraków, Poland, e-mail: milkap@uek.krakow.pl

**ORCID**  <https://orcid.org/0000-0002-6276-7587>

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### Conflict of Interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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